The Council of Graduate Students Presents:
7th Annual Graduate Academic Conference
Friday, February 27, 2015
8:00am – 5:00pm
Kellogg Hotel & Conference Center

Featuring Keynote Speaker:
Brian Luke Seaward, Ph.D.

Brian Luke Seaward, Ph.D. is a renowned and respected international expert in the fields of stress management, mind-body-spirit healing and health promotion. His mission, as expressed through his legacy of acclaimed books and public appearances, is to make this a better world in which to live by having each of us reach our highest potential.

Dr. Seaward is an award-winning author, photographer, teacher, celebrated film director/producer and much sought after inspirational speaker.

GAC Schedule of Special Events:

“Low Stress Diet”
Dr. Seaward Presentation
10-11am • Room 106 • Preregistration required

“Achieving the Work-Life Balance at MSU”
Keynote Lunch
12-1pm • Big10 Room C

Relaxation Station:
1-5pm • Room 106
Open to all graduate/professional students
Includes chair massages, relaxology, healthy snacks, relaxation activities, and door prizes

“Getting a Good Night’s Sleep”
Dr. Seaward Presentation
3-4pm • Room 107 • Preregistration required

Preregister for Events Here: http://cogs.msu.edu/GAC/Schedule.html

GAC Special Events Sponsored by: